**Спортивное кредо нашей**  **семьи:**

 **Спортивный паспорт**

 **семьи**

|  |  |  |  |
| --- | --- | --- | --- |
| ***Отжим от пола*** |  **Я** | **папа** | **мама** |
|  |  |  |
| ***Упражнения на пресс*** |  |  |  |
| ***Скакалка*** |  |  |  |
| ***«Уголок»*** |  |  |  |

**Написать, какую роль в вашей семье играет спорт.**

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**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**